



(1) BEFORE EATING BREAKFAST
PLACE A PH STRIP BETWEEN LIPS &
WET WITH SALIVA.
(2) COMPARE COLOR OF STRIP WITH
QWIK-CHEK COLOR CHART.

Supplement Facts Serving Size: Two Capsules			
Matricat	Amount Per Serving		% Daily Yaloo
Vicamin A Las Beca Card	(ene)	2112 !U	42%
Zitamin Č ras Ascorbic Acid)		∂0 my	78%
Vitamin U-3 (as CholecaiciFerol)		560 (U	140%
Hamin Ellas D-Alona focognerou		150 IU	120%
Carcium (from Coral Calcium)		370 mg	23%
Magnesium i from Curai Calcium and			
Vlag	nesium i)xidei	180 mg	38%
Cogme • Kelo)		110 mag	42°5
Linc (as End Oxide)		15 mg	100%
Selemum ras Amino Ad	id Chemie	20 mag	31%
Copper las Amino Acid	Cheiziei	30 mcg	125%
Chromium (as Amino A	cod Chesate)	120 mcg	120%
Coral Calcium (Plus 75 trace mineral	s and elements)	1 000 mg	
Baron (as Amino Acid	•	20 mcg	•
* Daily Value Not Es	itablished		

FIG. 8



Directions:

Test your body pH by using the accompaning pH strips. See strip directions. If pH is 7.0 of higher take 2 capsules a day, 6.0 to 5.0 take 2 capsules 2 times a day, below 5.0 take 2 capsules 3 times a day. PH test should be repeated once a week. Store in a cool, dry place. Keep out of reach of children.